

## **Deerhurst and Apperley C of E Primary School**



# **Safe Sun Policy**

## **Reviewed January 2024**

To be reviewed 2026

## Deerhurst and Apperley C of E Primary School - Safe Sun Policy

Sunsmart is the national skin cancer prevention campaign run by Cancer Research UK. <https://www.sunsmart.com.au/protect-your-skin>

The Sunsmart schools initiative encourages schools to develop and adopt sun protection policies.

They are part of a broader campaign communicating effective skin cancer prevention messages to the general public.

The five key Sunsmart skin cancer prevention messages are:

1. Stay in the shade 11-3
2. Make sure you never burn
3. Always cover up - wear a t-shirt, hat and wraparound sunglasses
4. Remember children burn more easily
5. Then use factor 15+ sunscreen

As a school staff we will:

- Minimise the risks by limiting the amount of time that pupils are required to spend exposed to the sun.
- Consider the timing of events; the sun's harmful rays are most intense between midday and early afternoon
- When it is hot, keep children out of the sun altogether
- Encourage children to make use of all available shade provided by buildings, trees etc
- Encourage parents to send their children to school with a suitable broad brimmed hat which provides head, face and neck protection from the sun
- Allow pupils to wear sunglasses, bearing in mind, that for safety reasons, eyewear might be inappropriate for certain activities, particularly physical education
- Encourage pupils to wear loose fitting clothing whenever they are not participating in physical activities

- Encourage parents to provide appropriate sunscreen protection for their child. (to be applied before coming to school and applied by children during school hours where necessary)
- Encourage children to drink plenty of water to prevent dehydration

The policy was reviewed by staff and governors March 2024

Signed: Head teacher Mrs J Neveu

Date:

Signed: Chair of governors Mr C Davis

Date: