



Curriculum Subject Coverage – Deerhurst and Apperley C of E Primary School - Physical Education 2021-22
Learning and living as children of God
(Ephesians 5:1) (You are God's children whom he loves. Try to be like God)

Year Group	AUT 1	AUT 2	SPR 1	SPR 2	SU 1	SU 2
<p><i>KS1 Education Recovery July 2021 document</i></p> <p>Opportunities for:</p> <p><i>use dance and game-based activities to refine pupils' movement</i></p> <p><i>(Dance booked (street) Progressive sport aut 2021)</i></p>						
R	<p><u>Physical Development</u> <u>Gross Motor Skills</u> Children at the expected level of development will:</p> <ul style="list-style-type: none"> • Negotiate space and obstacles safely, with consideration for themselves and others • Demonstrate strength, balance and coordination when playing • Move energetically, such as running, jumping, dancing, hopping, skipping and climbing. <p><u>Expressive Arts and Design</u> <u>Being Imaginative and Expressive</u> Children at the expected level of development will:</p> <ul style="list-style-type: none"> • Perform songs, rhymes, poems and stories with others, and (when appropriate) try to move in time with music <p>Balance and Co-Ordination- Balanceability – September 21 Children will have the opportunity to develop their balance skills with the aim of becoming confident cyclists by the end of the year.</p>					
	<p>Ongoing: <u>Personal, Social and Emotional Development</u> <u>Managing Self</u> Children at the expected level of development will:</p> <ul style="list-style-type: none"> • Be confident to try new activities and show independence, resilience and perseverance in the face of a challenge • Explain the reasons for rules, know right from wrong and try to behave accordingly • Manage their own basic hygiene and personal needs, including dressing. <p><u>Building Relationships</u> Children at the expected level of development will:</p> <ul style="list-style-type: none"> • Work and play cooperatively and take turns with others. 					
Y1 Y2	Games (Invasion) and Fitness	Gymnastics and Dance		Athletics and Games (S&F)		
	Master basic movements including, running, jumping, throwing and catching, as well as developing balance, agility, and cooperation,	Master basic movements including running and jumping, as well as developing balance and agility		Master basic movements including, running, jumping, throwing and catching, as well as developing balance, agility, and cooperation,		



Curriculum Subject Coverage – Deerhurst and Apperley C of E Primary School - Physical Education 2021-22
Learning and living as children of God
(Ephesians 5:1) (You are God’s children whom he loves. Try to be like God)

	<p>and begin to apply these in a range of situations</p> <p>Participate in team games, developing simple tactics for attacking and defending</p> <p>Rugby coach TBC</p>	<p>Perform dances using simple movements (external coach provision TBC)</p>	<p>and begin to apply these in a range of situations</p> <p>Participate in team games, developing simple tactics for attacking and defending</p>
<p>Ongoing: Develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.</p>			
<p><i>KS2 Education Recovery July 2021 document</i></p> <p><i>Opportunities for:</i></p> <p><i>Developing attacking and defending strategies</i></p> <p><i>Swimming – water safety (Sum 2022 Year 6)</i></p>			
	<p>Games and Fitness</p>	<p>Gymnastics and Dance</p>	<p>Athletics, Team Building, Games (N&W)</p>
<p>Y3 Y4</p>	<p>Play competitive games, modified where appropriate</p> <p>Apply basic principles suitable for attacking and defending</p> <p>Rugby Coach TBC</p> <p>Compare their performances with previous ones and demonstrate improvement to achieve their personal best</p>	<p>Develop flexibility, strength, technique, control and balance</p> <p>Perform dances using a range of movement patterns (external coach provision?)</p>	<p>Develop flexibility, strength, technique, control and balance</p> <p>Compare their performances with previous ones and demonstrate improvement to achieve their personal best</p> <p>Take part in outdoor and adventurous activity challenges both individually and within a team (Orienteering with external coach)</p> <p>Play competitive games, modified where appropriate</p>
<p>Y5 Y6</p>	<p>Games and Fitness</p>	<p>Gymnastics and Dance</p>	<p>Athletics, Games, Swimming</p>
	<p>Play competitive games, modified where</p>		<p>Develop flexibility, strength, technique, control</p>



Curriculum Subject Coverage – Deerhurst and Apperley C of E Primary School - Physical Education 2021-22
Learning and living as children of God
(Ephesians 5:1) (You are God's children whom he loves. Try to be like God)

	<p>appropriate Apply basic principles suitable for attacking and defending</p> <p>Rugby Coach TBC</p> <p>Compare their performances with previous ones and demonstrate improvement to achieve their personal best</p>	<p>Develop flexibility, strength, technique, control and balance</p> <p>Perform dances using a range of movement patterns (external coach provision?)</p>	<p>and balance</p> <p>Play competitive games, modified where appropriate (Frisbee with external coach)</p> <p>Swim competently, confidently and proficiently over a distance of at least 25 metres Use a range of strokes effectively Perform safe self-rescue in different water-based situations</p>
--	---	---	--