



CaterCater Special Diets Parent's Guide

SAFETY IS OUR NUMBER ONE PRIORITY

We understand the importance of ensuring that customers with special diets can continue to enjoy a safe, balanced meal alongside their peers. Our team adapt our core menus and create specific dishes to accommodate our young customers needs.

If you have any questions, please contact us:

01452 527 888



caterCater

New Pupils – Special Diet Guide for Parents/Guardians

We look forward to catering for your child and we are here if you have any questions.

We are passionate that every pupil has the same opportunity to eat school meals regardless of their medical requirements, catering for special diets is an important part of our service. A special diet is a requirement different to the choices offered on the main menu due to a food allergy or intolerance. Our Nutrition team, headed by Claire Saunders, supports all special diet queries and requests, whether it be mitigating parent concerns or creating special menus for single or multiple allergens.

NUTS

If your child has a NUT ALLERGY, please follow the steps below:

1. If your child has a nut allergy but can tolerate products that 'may contain nuts', sign the Nut Declaration Form, this will allow them to eat off the regular school menu.
2. If your child is unable to tolerate products which 'may contain nuts', please complete the Allergy Reporting Form

ALLERGIES

If you have a child with an ALLERGY/INTOLERANCE and would like a hot School dinner, please follow the steps listed below:

1. Fill out our Allergy Reporting Form
2. Return the completed form to your school office, who will return it to the CaterCater team. Having this information before the start of the term will help us to ensure we have a suitable menu in place ready for when your child starts eating with us.

Please note these children cannot have a school dinner until this process is complete.

SPECIAL DIETS

We have alternatives to our main menu that include gluten free and vegan, please contact us to request a copy should this be a requirement.

Any pupil data will be held in compliance with General Data Protection Regulations.

For more information on our Special Diet menus please speak with a member of the catering team or call the CaterCater Head Office on 01452 527 888.

CaterCater Nut Policy and Declaration

Nuts

We never use nuts or any product containing nuts as an ingredient within our food offer. We may use products with a 'may contain' declaration.

Any pupil suffering from a nut allergy can request our 'Allergy Aware' special diet menu which will remove any products with 'may contain' nuts from the menu.

If your child is able to consume products with a 'may contain' declaration for nuts they can eat as normal from the main menu as long as we receive consent from the parent / guardian.

If you would like to give your consent for your child with a nut allergy to eat from the main menu please complete the information below.

I the parent / guardian of give consent for my child to eat school dinners from the main menu as they are able to tolerate products which have a 'may contains' declarations for nuts.

PRINT:

SIGN:

DATE:

ALLERGY REPORTING FORM

If your child has a dietary requirement but does not require an adapted medical diet menu then there is no need to complete this form. CaterCater allergen reports, declaring the presence of the 14 mandatory Food Information Regulations allergens are available for all menus. Please ask the school office for a copy or request a copy directly emailing office@catercater.co.uk.

To the be completed by parent or guardian

School

Year Group

School Address

County

Postcode

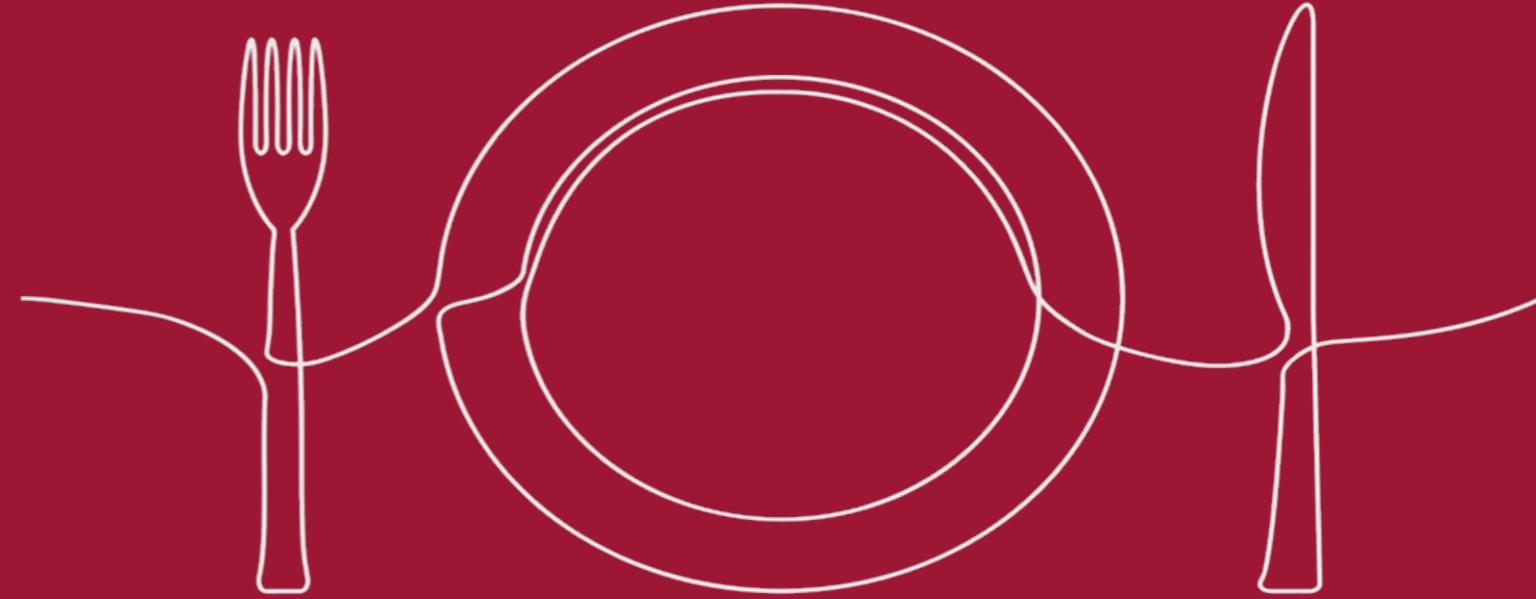
Child's First Name

Child's Surname

Parent/Guardian Name

Parent/Guardian Phone Number

Parent/Guardian Email



Allergy Confirmation - Please confirm any allergies for the above named child

14 Main Allergens

- | | | | | |
|------------------------------------|--|--------------------------------|----------------------------------|-----------------------------------|
| <input type="checkbox"/> Celery | <input type="checkbox"/> Cereals containing gluten | <input type="checkbox"/> Fish | <input type="checkbox"/> Mustard | <input type="checkbox"/> Soya |
| <input type="checkbox"/> Eggs | <input type="checkbox"/> Crustaceans | <input type="checkbox"/> Lupin | <input type="checkbox"/> Milk | <input type="checkbox"/> Molluscs |
| <input type="checkbox"/> Sulphites | <input type="checkbox"/> Peanuts | <input type="checkbox"/> Nuts | <input type="checkbox"/> Sesame | |

Other Allergens

- | | | | | |
|-----------------------------------|---------------------------------------|--------------------------------|------------------------------------|----------------------------------|
| <input type="checkbox"/> Bananas | <input type="checkbox"/> Strawberries | <input type="checkbox"/> Peas | <input type="checkbox"/> Oranges | <input type="checkbox"/> Lentils |
| <input type="checkbox"/> Beans | <input type="checkbox"/> Coconuts | <input type="checkbox"/> Kiwis | <input type="checkbox"/> Chickpeas | <input type="checkbox"/> |
| <input type="checkbox"/> Tomatoes | <input type="checkbox"/> Pineapples | | | |

Other allergies or food requirement (please specify) _____

My child requires their diet to be

- | | | | |
|--------------------------------|-------------------------------------|------------------------------------|------------------------------------|
| <input type="checkbox"/> Vegan | <input type="checkbox"/> Vegetarian | <input type="checkbox"/> Pork Free | <input type="checkbox"/> Beef Free |
|--------------------------------|-------------------------------------|------------------------------------|------------------------------------|



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