



**Curriculum Subject Coverage – Deerhurst and  
Apperley C of E Primary School - PSHE &  
Citizenship (Pink Curriculum and RSE) 2020-21**

Year Group	AUT 1	AUT 2	SPR 1	SPR 2	SU 1	SU 2
	<i>There will be a large emphasis on maths and English in any foundation subjects taught so cross curricular subjects will consist of any opportunity to write, integrated tasks and science will use opportunity to further emphasise maths. This will be a focus of our curriculum in the autumn term as we work through our post COVID Recovery Curriculum</i>					
<b>R</b>	<u>HEALTH AND WELL BEING:</u>  Developing Risk Management: Keeping safe - People who help us :  Fire Safety, road safety, sun smart, safe use of medicines, Taking responsibility for themselves, know what adults are responsible for.  <b>RSE: Responsibility</b>  <i>Citizenship: (See Key Questions - use Year 1 and adapt)</i>  <i>Group and Class Rules -What are our school, class and group rules?</i>	<u>LIVING IN THE WIDER WORLD</u>  How media, commerce and social issues shape our understanding of the world - Internet Safety  Games, applications, TV streaming,  Passwords/ Access codes, PINS  Appropriate websites.  <i>Citizenship: (See Key Questions - use Year 1 and adapt)</i>  Group and Class Rules - How can we help each other?	<u>HEALTH AND WELL BEING:</u>  Understanding personal change and responsibility - All about me - All about me.  Valuing their bodies and capabilities, Knowing what makes each of us unique and special, Brushing teeth, Hygiene, Being aware of body needs.  <b>RSE: Keeping Ourselves Clean.</b>  <b>RSE: People who help us.</b>  <i>Citizenship: (See Key Questions - use Year 1 and adapt)</i> Rights and responsibilities - What is the difference between a want and a need?	<u>RELATIONSHIPS</u>  Understanding the dynamics of healthy relationships - friends and kindness  Protective behaviours (understanding what makes you and others feel happy or sad)  Identifying kindness  <b>RSE: Growing up.</b>  <i>Citizenship: (See Key Questions - use Year 1 and adapt)</i> <i>Contributing to the life of the classroom and the school - What do we mean by community?</i>		



**Curriculum *Subject* Coverage – Deerhurst and  
Apperley C of E Primary School - PSHE &  
Citizenship (Pink Curriculum and RSE) 2020-21**

Y1 Y2	<u>HEALTH AND WELL BEING:</u>  <u>Developing Risk Management: Keeping safe - People who help us :</u>  Road safety, personal safety, stranger danger, Sun Smart, recognise that our feelings can effect the way we behave, identify where we can go when we need to feel safe, identify who we can speak to about our feelings, drugs and their uses.  <b>RSE: Yr 1 Being Unique</b>  <b>Yr 2 Changes - physical</b>  <i>Citizenship: (See Key Questions)</i>	<u>LIVING IN THE WIDER WORLD</u>  <u>How media, commerce and social issues shape our understanding of the world - Internet Safety</u>  Internet safety/online games, email/chat.  Games, applications, TV streaming.  Passwords/access codes/PINS.  Appropriate websites.  <b>RSE: Yr 2 Changes - Becoming Independent</b>  <i>Citizenship: (See Key Questions)</i> <i>Right and Responsibilities</i>	<u>HEALTH AND WELL BEING:</u>  <u>Understanding personal change and responsibility - All about me - All about me.</u>  The changes that have taken place since being a baby.  Some of the changes that will take place as a baby grows into an adult.  That humans produce babies that grow into children that grow into adults.  The main external parts of the bodies of humans including agreed names for sexual parts.  What makes each of us unique  Hygiene (Science)  Resilience	<u>RELATIONSHIPS</u>  <u>Understanding the dynamics of healthy relationships - friends and family</u>  Different relationships  The responsibilities that parents have for babies and children  The underwear rule (PANTS)  Making and keeping friends  Protective behaviours  Understanding what makes you and others feel happy or sad  Positive touch activities.  <b>RSE: Continue with similarities and differences and where do babies come from.</b>	<u>RELATIONSHIPS</u>  <u>Understanding the dynamics of healthy relationships - kindness and anti bullying</u>  Different kinds of unkind behaviour  The difference between isolated incidents of unkind behaviour and bullying  Identifying acts of kindness  Exploring how kindness benefits all involved.  <i>Citizenship: (See Key Questions)</i> <i>Contributing to the life of the classroom and the school</i>	<u>LIVING IN THE WIDER WORLD</u>  <u>How media, commerce and social issues shape our understanding of the world - Media influence, Financial capability, Social Issues.</u>  Reacting to events on TV e.g. terrorism  Advertising e.g. influence.  Monetary value and notion of saving up for a purchase (Enterprise)  <i>Citizenship: (See Key Questions)</i>



**Curriculum *Subject* Coverage – Deerhurst and  
Apperley C of E Primary School - PSHE &  
Citizenship (Pink Curriculum and RSE) 2020-21**

	<i>Group and class rules and understand how these rules help them.</i>		<p>Personal responsibility</p> <p>Diet and exercise (Science)</p> <p><b>RSE: (Yr1) Life Cycles and The Human Life cycle and Person Hygiene (links to science)</b></p> <p><b>(Yr2) Similarities and differences – body parts and Where do babies come from? (links to science)</b></p> <p><i>Citizenship: (See Key Questions) Continue with rights and responsibilities.</i></p>	<p><i>Citizenship: (See Key Questions)</i></p> <p><i>Belonging to various groups and communities such as family and school</i></p>		<i>What improves and harms their local, natural and environments and about some of the ways people look after them.</i>
--	--	--	---	--	--	---



**Curriculum *Subject* Coverage – Deerhurst and  
Apperley C of E Primary School - PSHE &  
Citizenship (Pink Curriculum and RSE) 2020-21**

<b>Y3 Y4</b>	<p><u>HEALTH AND WELL BEING:</u></p> <p><u>Developing Risk Management: Keeping safe at home, keeping safe outside</u></p> <p>Recognise that our feelings can affect the way we behave</p> <p>Identify where we can go when we need to feel safe.</p> <p>Identify who we can speak to about our feelings.</p> <p>Sun smart</p> <p><i>Citizenship: (See Key Questions)</i> Why different rules are needed in different situations and how to take part in making them.</p>	<p><u>HEALTH AND WELL BEING:</u></p> <p><u>Understanding personal change and responsibility -Personal responsibility</u></p> <p>What is special about me?</p> <p>Resilience</p> <p>Hygiene</p> <p>Diet, exercise and sleep</p> <p>Illness, wellness and balance</p> <p>Self worth</p> <p>Anxiety - triggers - positive strategies for coping.</p> <p>Bereavement of pets.</p> <p><b>RSE: (Yr3) Personal Hygiene and Personal Hygiene - Infection</b></p>	<p><u>RELATIONSHIPS</u></p> <p><u>Understanding the dynamics of healthy relationships - friends and family</u></p> <p>The responsibilities that parents have for babies and children.</p> <p>Positive touch activities</p> <p>The need to seek permission when we touch someone else</p> <p>The need to be respectful of a person's personal; boundaries</p> <p><b>RSE: (Yr 3) Types of love (Yr 4) Responsibilities</b></p> <p><i>Citizenship: (See Key Questions) Human rights' and that children have their own special rights set out in the United Nations Declaration of the Rights of the Child.</i></p>	<p><u>RELATIONSHIPS</u></p> <p><u>Understanding the dynamics of healthy relationships - Kindness and anti bullying</u></p> <p>The difference between isolated incidents of unkind behaviour and bullying</p> <p>Recognising that bullying behaviour is not the norm (most of the time, most children are not bullied and are not bullies)</p> <p>Identifying acts of kindness</p> <p>Exploring how kindness benefits all involved</p> <p><i>Citizenship: (See Key Questions)</i> Different kinds of responsibilities, rights and duties at home and at school.</p> <p><i>The lives of people living in other places, and people with different values and customs.</i></p>	<p><u>LIVING IN THE WIDER WORLD</u></p> <p><u>How media, commerce and social issues shape our understanding of the world - Internet safety, Media influence, Financial capability, Social Issues.</u></p> <p><u>Internet safety - online games, email/chat</u></p> <p><u>Texting, instant messenger, Kick etc.</u></p> <p><u>Appropriate gaming, websites, applications, TV streaming.</u></p> <p><u>Passwords/ Access codes, PINS.</u></p> <p><u>Appropriate websites</u></p> <p><u>Monetary value and the notion of saving up for a purchase</u></p> <p><u>Different sources of income</u></p>	<p><u>HEALTH AND WELL BEING:</u></p> <p><u>Understanding personal change and responsibility - Growing up</u></p> <p>Some of the physical changes that will happen as they get older.</p> <p>The physical changes that take place at puberty, why they happen and how to manage them.</p> <p><b>RSE: (Yr 3) Similarities and differences - reproductive organs</b></p> <p><b>(Yr4 - Changes life cycle - link to science)</b></p> <p><i>Citizenship: (See Key Questions)</i></p> <p><i>What improves and harms their local and natural environments and about some of the ways people look after</i></p>
------------------	--	--	---	--	--	---



**Curriculum *Subject* Coverage – Deerhurst and  
Apperley C of E Primary School - PSHE &  
Citizenship (Pink Curriculum and RSE) 2020-21**

					<p>Different forms of money and payment</p> <p><i>Citizenship: (See Key Questions) Being part of a community and understand that they belong to different groups.</i></p>	<p><i>them.</i></p>
--	--	--	--	--	---	---------------------



**Curriculum Subject Coverage – Deerhurst and  
Apperley C of E Primary School - PSHE &  
Citizenship (Pink Curriculum and RSE) 2020-21**

Y5_Y6	<u>HEALTH AND WELL BEING:</u>	<u>LIVING IN THE WIDER WORLD</u>	<u>RELATIONSHIPS</u>	<u>SOMETIMES MY BRAIN HURTS</u>	<u>HEALTH AND WELL BEING:</u>
	<p><u>Developing Risk Management: Keeping safe at home, keeping safe outside</u></p> <p>Legal and illegal drugs</p> <p>Drugs and the law</p> <p>Effects and risks of drugs</p> <p>E-cigarettes</p> <p>Drug use as a minority activity</p> <p>Drug use in young people decreasing</p> <p>Different types of risks, including positive risk taking</p> <p>Identifying and assessing risks</p> <p>Hazards in the home e.g. electrical</p>	<p>How media, commerce and social issues shape our understanding of the world - <u>Internet safety</u>, Media influence, Financial capability, <u>Social Issues</u>, <u>Citizenship and British Values</u>.</p> <p><u>Internet safety - Facebook, grooming etc.</u></p> <p><u>Appropriate gaming, websites, applications, TV streaming</u></p> <p><u>Share Aware - what information you share online and how it could be used.</u></p> <p><u>Issues of interest/relevance to their locality e.g. gang culture, young carers in the community.</u></p>	<p><u>Understanding the dynamics of healthy relationships - Kindness and anti bullying</u></p> <p>Peer pressure</p> <p>Different types of unkind behaviour and bullying (emotional, physical, verbal, cyber, sexual, homophobic, racial, cultural)</p> <p>Identifying acts of kindness</p> <p>Exploring how kindness benefits all involved.</p> <p><i>Citizenship: (See below)</i></p>	<p><u>Mental Health: Year 6</u></p> <p>Theme 1, 2 and 3.</p> <p><b>RSE: (Yr 6)</b> <b>Changes - physical</b> <b>Changes - emotional</b> <b>Life cycle - Sexual intercourse</b> <b>Relationships</b> <b>Birth and a new baby</b></p> <p><i>Citizenship: (See below)</i></p>	<p><u>Understanding personal change and responsibility -Personal responsibility</u></p> <p>Bereavement</p> <p>Managing Feelings</p> <p>Self worth</p> <p>Anxiety - triggers, positive strategies for coping</p> <p>Resilience</p> <p>Self harm</p> <p>Hygiene</p> <p>Diet, exercise and sleep</p> <p>Illness, wellness and balance</p> <p>Assertiveness (self-assured and confident without being aggressive)</p>



**Curriculum *Subject* Coverage – Deerhurst and  
Apperley C of E Primary School - PSHE &  
Citizenship (Pink Curriculum and RSE) 2020-21**

	<p>appliances, sources of fire, sharps and blades, cleaning substances etc.</p> <p>SunSmart</p> <p>Emergency aid</p> <p>Public Transport.</p> <p>Hazards in the community e.g. power sub stations, sharps and blades, farms, construction sites.</p> <p><i>Citizenship: (See below)</i></p>	<i>Citizenship: (See below)</i>			
	<p><i>Citizenship: (See Key Questions)</i></p> <p><i>Topical issues, problems and events (including the global environment) and how to take part in debates</i></p> <p><i>The range of national, regional, religious and ethnic identities in the United Kingdom</i></p> <p><i>Rules and laws that protect themselves and others and how they are made and changed</i></p> <p><i>Different kinds of responsibilities, rights and duties in the community</i></p> <p><i>Rights in relation to the law</i></p> <p><i>Resolving differences by looking at alternatives, seeing and respecting others' points of view, making decisions and explaining choices</i></p> <p><i>The role of voluntary and community groups.</i></p>				



**Curriculum *Subject* Coverage – Deerhurst and  
Apperley C of E Primary School - PSHE &  
Citizenship (Pink Curriculum and RSE) 2020-21**

Enterprise completed a minimum of 2 a year – Include Money sense opportunities in Enterprise or maths

Ongoing – British Values, RSA, Mindfulness and well-being and different topical days such as anti bullying, safer online day. (Evidence in portfolios e.g. Enterprise, Class Worship, Happy Hub, Big questions, outside visitors and British Values audit.)