



**Curriculum Subject Coverage – Deerhurst and Apperley C of E Primary School - Physical Education 2018-19**

Year Group	AUT 1	AUT 2	SPR 1	SPR 2	SU 1	SU 2
<b>R</b>	<b>Changing &amp; routines in PE, Moving and Handling, Health and Self Care</b> Children show good control and co-ordination in large and small movements. They move confidently in a range of ways, safely negotiating space. They handle equipment and tools effectively, including pencils for writing. Children know the importance for good health of physical exercise, and a healthy diet, and talk about ways to keep healthy and safe. They manage their own basic hygiene and personal needs successfully, including dressing and going to the toilet independently.					
<b>Y1</b>	Games and Dance		Games and Gym		Athletics and Racket Skills	
	Perform dances using simple movements.  Master basic movements including, running, jumping, throwing and catching, as well as developing balance, agility, and cooperation, and begin to apply these in a range of situations		Participate in team games, developing simple tactics for attacking and defending.  Master basic movements including, running, jumping, throwing and catching, as well as developing balance, agility, and cooperation, and begin to apply these in a range of situations		Master basic movements including, running, jumping, throwing and catching, as well as developing balance, agility, and cooperation, and begin to apply these in a range of situations	
	<i>Ongoing:</i> Develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.					
<b>Y2</b> <b>Y3</b>	Ball Skills Gymnastics		Invasion Games- Netball, football Dance		Athletics and <b>Paralympic Sports</b> Tennis Outdoor and adventurous activities	
<b>Y4</b> <b>Y5</b> <b>Y6</b>	Invasion Games: Lacrosse Balance and Co-Ordination: Fencing Outdoor and adventurous activities (PGL) Swimming		<b>Net and Wall Games: Table Tennis</b> Gymnastics		Athletics and <b>Paralympic Sports</b> Rounders	